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## **Risky behaviors among Tunisian young physicians: a nationwide cross-sectional study in 2022**

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## Introduction:

Although being advocates of health, physicians are not spared from

**risky behaviors.**

In this context, we carried out the present study aiming to identify

the prevalence of several **risky behaviors** among Tunisian young physicians in 2022.



# Methods:

Cross-sectional study

A national level via an online survey

All Tunisian medical residents and interns

A structured questionnaire was developed to assess risky behaviors

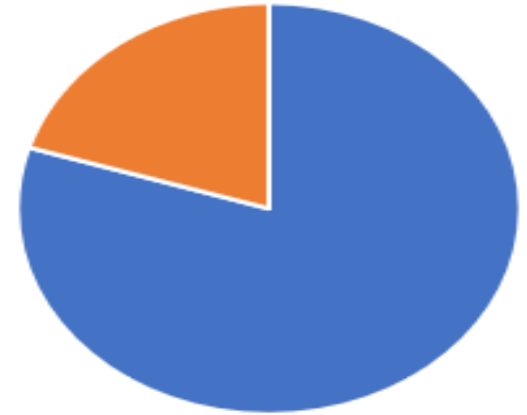


# Results:

**Overall 178 young physicians.**

**The mean age was  $28.3 \pm 2.8$  years.**

**Nine percent of the participating young physicians reported at least one kind of risky behavior.**



■ Females ■ Males

# Risky behaviours vs gender

Risky behaviors	Male	Female	P value
Smoking	38.9%	9.9%	$<10^{-3}$
Vaping	38,9%	1,4%	$<10^{-3}$
Regular alcohol consumption	11,1	1,4%	0,016
Gambling	11,1%	0,7%	0,006

## Discussion:

Our results are close to those in the literature. In general, risky behaviors are more prevalent among men for reasons of tradition and ease of access.



# Strengths VS weaknesses

Strengths of the study	Weaknesses of the study
<b>A nationwide study</b> <b>A topical and alarming issue</b>	<b>A small uncalculated sample</b>

## Conclusion:

**These findings highlight the need for comprehensive multisectorial interventions targeting young adults in general and physicians in purpose, who are said to be advocates for healthy future generations.**

# References:

1- <https://occup-med.biomedcentral.com/articles/10.1186/s12995-018-0208-7#Sec14>

2- <https://brieflands.com/articles/mcj-69327.html>

*Thank  
You*

